

CHESTER FARM ADULTS EMPOWERMENT CAMP FEBRUARY 2019 - CAMP OVERVIEW.

OBJECTIVE:

To support and encourage adult horse riders (aged approx 21 and over) who show enthusiasm to advance their horse knowledge, management, safety and riding skills, incorporated with some personal development discussions and exercises, to lead towards improved overall confidence and self-empowerment. This very unique and intensive camp, limited to a small number of riders, offers a great opportunity to meet like-minded fellow horse riders and share in a fun weekend enjoying horses and nature! Great confidence building and personal discovery camp. Ideal for keen pleasure riders, low-level competition riders and anyone interested in improving their relationship with their horse.

GENERAL INFORMATION:

LOCATION - 2 Day Camp to be held at Chester Farm, 3 Wires Road, Paeroa.

DATE OF CAMP - From approx 9am Saturday 23rd to approx 4pm Sunday 24th February 2019.

COST: \$350+GST per rider. (\$402.50)

HOST & INSTRUCTOR - Your main host and instructor will be Diana Jamieson of Chester Farm.

Diana has worked professionally with horses for over 20 years. In this time she has bred and produced many young horses that have gone on to compete with success in all disciplines and in recent years she has also competed again successfully, mainly in showhunter, with National Titles and Championships to her credit. Diana's life-long interest in general horsemanship, producing young horses and personal development has seen her develop a unique and popular coaching style incorporating dressage and jumping exercises, horsemanship, strong foundation training, "awareness & connection" principals, encouraging riders to seek harmony with their horse by thinking outside the square.

Guest Hosts/Trainers/Personal Development instructors are sometimes also included over the weekend.

WHAT IS INVOLVED? - This camp will incorporate 3 or 4 group lessons (including groundwork lessons, flatwork lessons and, for those who want to, low-level jumping lessons), fun unmounted activities to encourage better feel, timing, posture etc, personal empowerment group discussions (eg confidence building, motivation, positive thinking), social group evening meal Saturday night at a local Pub.

This camp is ideally suited to open minded adults of all ages who are interested in overall horsemanship and looking for a different approach while also seeking confidence, communication and relationship with horses, as well as a great social opportunity to meet like-minded fellow horse riders and enjoy a fun, supportive weekend away together! Ideal for keen pleasure riders and low level competition riders. Riders will be split into 2 groups of similar level for riding lessons at the discretion of Chester Farm. Each day of camp will run from approx 9am - 4pm and includes group pub meal Saturday night for those who wish to join in.

Please bring all of your own breakfast, lunch, drinks and snacks. Arrival on Friday afternoon is welcome to setup your camp and get settled in. We recommend Fantail Creek B&B (phone Natalie 07 8624848), Corbett House B&B Hikutaia or the Pedlars Motel in Paeroa for accommodation offsite. Full participation is required in all daily lessons and activities which may include watching other lessons, group activities and discussions, video viewings etc.

APPLICANT REQUIREMENTS:

- Open to all adult riders aged from approx 21 years old.
- Must have a horse to bring to the training camp.
- (Sometimes we also accept non-riding spectator participants to join in the camp, please enquire.)
- All levels of horse/rider are welcome, including green horses/riders, adults returning to riding etc.
- At the minimum all riders must be able to ride walk and trot in a small group in an arena. A rope halter and long training rope is required for the horsemanship groundwork lessons (which everyone will take part in - we recommend the 12' Roma training lead). Helmets must be worn at all times when riding at Chester Farm.
- Able to be present onsite for the duration of the camp, from approx 9am Saturday to camp completion at approx 4pm Sunday.
- Show a positive, open minded, willing attitude.
- 1 horse allowed at training camp per applicant.
- Completed booking form must reach Chester Farm on or before 10th February 2019 at latest.

CAMP FEES:

Total cost for this full weekend camp is \$350+GST per rider.

This price includes 2 days scheduled programme run from approx 9am – 4pm both days incorporating individual personalised workbook handouts, group riding lessons and discussion groups, yarding, camping and facility use fees for 1 horse and 1 rider.

Local Country Pub meal Saturday night additional for those keen to join (not a requirement) (generous simple meals priced around \$20 - \$30).

Additional family / helpers etc welcome to join you onsite to camp for an additional \$20 per person.

NO DOGS ALLOWED.

Non-refundable deposit payment of \$65+GST (\$74.75) paid with booking form to confirm your place.

Final payment of \$285+GST (\$327.75) due before or upon arrival at camp on 23rd February.

Online Payment Details:

Chester Farm Ltd

02 0396 0006133 00

Reference: your name / Adults Camp

CHESTER FARM ADULTS EMPOWERMENT CAMP, 23rd & 24th FEBRUARY 2019 - BOOKING FORM

RIDER DETAILS - YOUR NAME: _____ AGE: _____

ADDRESS: _____

CONTACT PHONE: _____ MOBILE: _____

EMAIL: _____

YOUR HORSE'S NAME: _____ HORSE'S AGE: _____

HOW LONG HAVE YOU BEEN RIDING? _____

PLEASE DESCRIBE YOUR CURRENT INVOLVEMENT WITH HORSES AND YOUR HORSE EXPERIENCE:

DESCRIBE YOUR OVERALL CONFIDENCE WITH HORSES ON THE GROUND AND UNDER SADDLE?

(Circle all that apply)

Needing lots of Confidence! / OK but unsure at times / Mostly quite confident / Very Confident

Add any details to describe: _____

I WOULD LIKE TO PARTICIPATE IN: *(Circle the types of lesson you would like to join)*

- GROUNDWORK / HORSEMANSHIP – any experience? _____
- FLATWORK / DRESSAGE – approx level _____
- JUMPING – approx height _____

DESCRIBE YOURSELF IN 5 WORDS! _____

WHY WOULD YOU LIKE TO ATTEND THIS CAMP? _____

PLEASE COMPLETE THIS FORM & POST TO US WITH YOUR \$65+GST (\$74.75) DEPOSIT TO:

> Chester Farm, 3 Wires Road, RD4, Paeroa 3674.

BOOKING FORMS MUST REACH CHESTER FARM ON OR BEFORE 10th FEBRUARY 2019.

RIDER SIGNATURE: _____ DATE: _____