

## **CHESTER FARM ADULTS EMPOWERMENT CAMP NOVEMBER 2018 - CAMP OVERVIEW.**

### **OBJECTIVE:**

To support and encourage adult horse riders (aged approx 21 and over) who show enthusiasm to advance their horse knowledge, management, safety and riding skills, incorporated with some personal development discussions and exercises, to lead towards improved overall confidence and self-empowerment. This very unique and intensive camp, limited to a small number of riders, offers a great opportunity to meet like-minded fellow horse riders and share in a fun weekend enjoying horses and nature! Great confidence building, inspiring, personal discovery camp. Ideal for pleasure riders, low-level competition riders and anyone interested in improving their relationship with their horse.

### **GENERAL INFORMATION:**

LOCATION - 2 Day Camp to be held at Chester Farm, 3 Wires Road, Paeroa.

DATE OF CAMP - From approx 9am Saturday 17<sup>th</sup> to approx 4pm Sunday 18<sup>th</sup> November 2018.

COST: \$350+GST per rider. (\$402.50)

HOSTS & INSTRUCTORS - Your hosts and instructors will be Diana and Greg Jamieson of Chester Farm. Diana has bred and produced many young horses that have gone on to compete with success in all disciplines and she has competed successfully mainly in showhunter with National Titles and Championships to her credit. Her interest in horsemanship, producing young horses and personal development has seen her develop a unique and popular coaching style incorporating dressage, horsemanship and "awareness riding" principals, encouraging riders to seek harmony with their horse by thinking outside the square. Greg Jamieson has competed in showjumping and been starting young horses all of his life including producing many successful horses up to Grand Prix level. He has represented New Zealand internationally and was the winner of the NZ World Cup series in 1986. Greg's professional, approachable coaching style and proven methods make him popular with riders of all ages, levels and jumping disciplines. In recent years Greg's involvement and practice of Contact Care Flinchlock Release has also seen him helping both horses and people with fantastic results.

WHAT IS INVOLVED? - This camp will incorporate 3 or 4 group lessons (including horsemanship groundwork lessons, flatwork lessons and, for those who want to, jumping lessons), fun unmounted activities to encourage better feel, timing, posture etc, personal empowerment group discussions (eg confidence building, motivation, positive thinking), social group evening meal Saturday night at a local Pub. Contact CARE treatments for you / your horse also available.

This camp is ideally suited to open minded adults of all ages who are interested in overall horsemanship and looking for a different approach while also seeking confidence, communication and relationship with horses, as well as a great social opportunity to meet like-minded fellow horse riders and enjoy a fun weekend away together! Ideal for keen pleasure riders and low level competition riders.

Riders will be split into 2 groups of similar level for riding lessons at the discretion of Chester Farm. Each day of camp will run from approx 9am - 4pm and includes group pub meal Saturday night. Please bring all of your own breakfast, lunch, drinks and snacks. Arrival on Friday is welcome. We recommend Fantail Creek B&B (phone Natalie 07 8624848), Corbett House B&B Hikutaia or the Pedlars Motel in Paeroa for accommodation offsite. Full participation is required in all daily lessons and activities which may include watching other lessons, group activities and discussions, video viewings etc.

**APPLICANT REQUIREMENTS:**

- Open to all adult riders aged from approx 21 years old.
- Must have a horse to bring to the training camp.
- All levels of horse/rider are welcome, including green horses/riders, adults returning to riding etc.
- At the minimum all riders must be able to ride walk and trot in a small group in an arena. A rope halter and long training rope is required for horsemanship lessons (which everyone will take part in - we recommend the 12' Roma training lead). Helmets must be worn at all times when riding at Chester Farm.
- Able to be present onsite for the duration of the camp, from approx 9am Saturday to camp completion at approx 4pm Sunday.
- Show a positive, open minded, willing attitude.
- 1 horse allowed at training camp per applicant.
- Completed booking form must reach Chester Farm on or before 10<sup>TH</sup> NOVEMBER 2018 at latest.

**CAMP FEES:**

Total cost for this full weekend camp is \$350+GST per rider. (\$402.50).

This price includes 2 days scheduled programme run from approx 9am – 4pm both days incorporating individual workbook handouts, group riding lessons and discussion groups, yarding, camping and facility use fees for 1 horse and 1 rider.

Local Pub meal Saturday night additional for those keen to join (not a requirement) (generous meals priced around \$20 - \$30).

Additional family / helpers etc welcome to join you onsite to camp for an additional \$25 per person.

Non-refundable deposit payment of \$65+GST (\$74.75) paid with booking form to confirm your place.

Final payment of \$285+GST (\$327.75) due before or upon arrival at camp on 17<sup>TH</sup> November.

Online Payment Details:

Chester Farm Ltd

02 0396 0006133 00

Reference: your name / Adults Camp

**CHESTER FARM ADULTS EMPOWERMENT CAMP, 17<sup>TH</sup> & 18<sup>TH</sup> NOVEMBER 2018 - BOOKING FORM**

**RIDER DETAILS** - YOUR NAME: \_\_\_\_\_ AGE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CONTACT PHONE: \_\_\_\_\_ MOBILE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

YOUR HORSE'S NAME: \_\_\_\_\_ HORSE'S AGE: \_\_\_\_\_

HOW LONG HAVE YOU BEEN RIDING? \_\_\_\_\_

PLEASE DESCRIBE YOUR CURRENT INVOLVEMENT WITH HORSES AND YOUR HORSE EXPERIENCE:

\_\_\_\_\_

\_\_\_\_\_

DESCRIBE YOUR OVERALL CONFIDENCE WITH HORSES ON THE GROUND AND UNDER SADDLE?

*(Circle all that apply)*

Needing lots of Confidence! / OK but unsure at times / Mostly quite confident / Very Confident

Add any details to describe: \_\_\_\_\_

\_\_\_\_\_

**I WOULD LIKE TO PARTICIPATE IN:** *(Circle the types of lesson you would like to join)*

- GROUNDWORK / HORSEMANSHIP – any experience? \_\_\_\_\_
- FLATWORK / DRESSAGE – approx level \_\_\_\_\_
- JUMPING – approx height \_\_\_\_\_

DESCRIBE YOURSELF IN 5 WORDS! \_\_\_\_\_

\_\_\_\_\_

WHY WOULD YOU LIKE TO ATTEND THIS CAMP? \_\_\_\_\_

\_\_\_\_\_

**PLEASE COMPLETE THIS FORM & POST TO US WITH YOUR \$65+GST (\$74.75) DEPOSIT TO:**

> Chester Farm, 3 Wires Road, RD4, Paeroa 3674.

**BOOKING FORMS MUST REACH CHESTER FARM ON OR BEFORE 10<sup>th</sup> NOVEMBER 2018.**

RIDER SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_